



20th November 2014

Run Number 280

Pi, Rose Lane, Liverpool L18 8AG

Pack: Snoozanne; Carthief (Co-Hare), Chico, FCUK (Co-Hare); Overdrive; Cleopatra; 10"; Compo

The Pack assembled inside Pi with the normal pre-run sampling of Pi's liquid offerings.

Once outside the Flash was taken and it then became apparent that the run was in 3 thirds.



The first third was a combined effort from the Co-Hares, followed by Carthief's effort which miraculously joined up with FCUK's amazing efforts albeit with some scratching out of excess markings

The run started with a long stretch up Elmswood Road punctuated with at least 2 Checkbacks and a left turn down towards the underpass to Jericho Lane, before turning right up to the monument in Sefton Park where we encountered hordes of proper runners in swathes of lycra.

Several falsies at the monument slowed the Pack until trail was just about discovered along the edge of the lake. I write "just about" as either the ducks or slugs had gorged on the flour laid the previous evening and the remaining flour was difficult to spot.

At a Check Back at a monument Chico put his hand on the wall and squished a slug which revolted him sufficiently to be still talking about it in the pub.

After a switchback in the trail, a demolished Check confused everyone until the Co-Hare had caught up. Across the lakes (twice) and a visit to the Palm House. Sadly the lights were not on so a Regroup and Flash had to suffice.



Some more Checks and we exited the Park near the Cricket Club.

Almost seamlessly we started on FCUK's trail through a driveway to an elevated Check Point



A triangle Check caught Compo, Snoozanne and 10"



Down Greenbank Drive and suddenly a locked gate



Through the allotments and onto another locked gate (FCUK had taken the long way round). FCUK took pity on us and unlocked that gate as well



I am beginning to think that FCUK actually stands for Finder of Caches of Useful Keys (or possibly For Carrying Useful Keys (other variations welcomed))

Down a track until FCUK called a halt at yet another padlocked gate.



This time he ran off and returned with fireworks, port and cider.

Unfortunately the assistant Hash Flash was too busy lighting fireworks to remember to take photos. The Pack watched the display from the top of the ha-ha (well mainly from the top except for those that fell off).

Back to Mossley Hill Road and a run in on Elmsley Road with a Check at the railway footbridge to confuse the FRBs.



Back at Pi we went straight into the pub for some lubrication and delicious pies.

A slightly restrained circle gave Down-Downs to Cleopatra for falling off the ha-ha whilst watching the fireworks and to Chico for his encounter with a slug in Sefton park

Run Stats

Name: Run 280

Activity type: walking

Description: -

Total distance: 9.90 km (6.2 mi)

Total time: 2:32:15

Moving time: 1:40:39

Average speed: 3.90 km/h (2.4 mi/h)

Average moving speed: 5.90 km/h (3.7 mi/h)

Max speed: 27.18 km/h (16.9 mi/h)

Average pace: 15:22 min/km (24:44 min/mi)

Average moving pace: 10:10 min/km (16:21 min/mi)

Fastest pace: 2:12 min/km (3:33 min/mi)

Max elevation: 120 m (393 ft)

Min elevation: 66 m (217 ft)

Elevation gain: 271 m (888 ft)

Max grade: 13 %

Min grade: -22 %

Recorded: 20/11/2014 19:10

See next page for the route

